The Goals Worksheet

This worksheet is designed to help you set goals – "an ideal future" – and plan activities and strategies for meeting these goals. As you do this exercise, you should realize that your goals are not "set in stone;" they may change and that is okay. The important thing is that you begin the planning process and dream a little.

Long Term Goals: These are the ones that are either finished by the end of this year or by graduation from high school.

Career Goal: Where do you hope to be in your career development at the time of your high school graduation?

- I will be ready to begin studying at college.
- I will have found the job that I want doing: _____.
- I will _____.

Educational Goal: What educational goals do you hope to accomplish this year?

- I will attain a _____ grade in Math.
- I will attain a _____ grade in History.
- I will attain a _____ grade in Science.
- I will achieve a _____ grade in Reading/Writing/English.
- I will try to have good marks in behavior, especially in _____ class.
- My favorite thing to study is _____ because

  _____.

Personal Goal: While at school, what would you like to accomplish to make you a better person?

- I would like to learn another language, especially _____.

- I would like to learn how to _____.
- I would like to participate in student government or _____.

Short-Range Goals: Short-range goals are those specific activities and strategies that move us toward our long- range goals or "ideal future." The following are questions that can help you formulate your short-range goals.

Skills: What skills would you need to develop in order to realize your goals?

1. _____
2. _____
3. _____

How will you develop these skills?

Student Organizations: What student organizations would you like to join? How might joining these organizations help you attain your career or personal goals?

Student Activities: Are there any student activities such as athletics, musical groups, or theater in which you would like to be involved? If so, which ones? What would you like to accomplish?

Leadership Opportunities: What opportunities are there for leadership in the activities and organizations that you have chosen? How might this help with your goals?

Recreational Goals:

1. What's your favorite thing to do for recreation (fun)?

2. What would you like to achieve in this pursuit?

3. How will you get there?

Draw a picture of your life in ten years: